



भारत 2023 INDIA

वसुधैव कुटुम्बकम्

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राष्ट्रीय गतिशील दिव्यांगजन संस्थान

National Institute for Locomotor Disabilities (Divyangjan)

(दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय एवं अधिकारिता मंत्रालय, भारत सरकार)

Department of Empowerment of PwDs (Divyangjan), Ministry of Social Justice and Empowerment, Govt. of India
B.T. Road, Bon-Hooghly, Kolkata-700090

REPORT ON WORLD MULTIPLE SCLEROSIS DAY

30th May 2024

World Multiple Sclerosis Day 2024 was celebrated by Department of Physiotherapy, National Institute for Locomotor Disabilities (Divyangjan), Kolkata on 30th May 2024. To help spread awareness, a webinar was conducted on 30th May 2024 from 03:00 pm to 04:00 pm through BharatVC platform. The speakers for the day were Dr Ameer Equebal, Assistant Director (Training), NILD Kolkata and Dr Prabhat Ranjan, Physiotherapist, Department of Neurology, AIIMS New Delhi.







WORLD MULTIPLE SCLEROSIS DAY

THEME :- navigating MS together

Webinar on 30th May 2024

Time: 03 PM - 04 PM

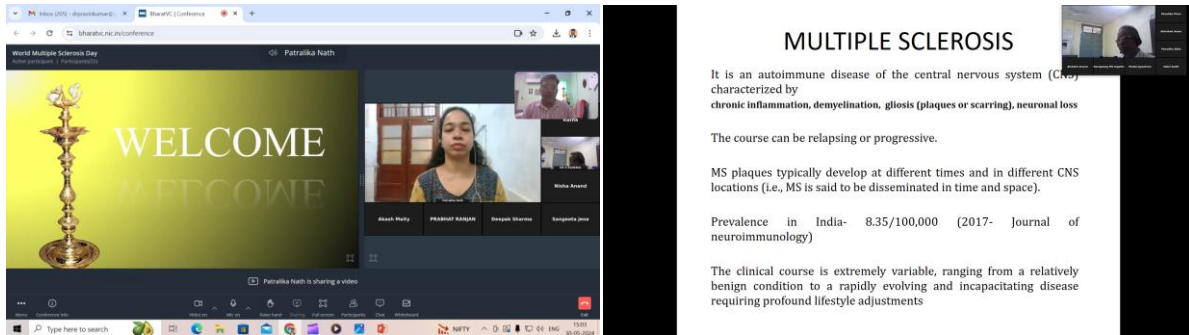
 <p>PATRON</p> <p>Dr. Lalit Narayan Director NILD, Kolkata</p>		 <p>SPEAKERS</p> <p>Dr. Ameer Equebal Assistant Director (Training) NILD, Kolkata</p>	 <p>Dr. Prabhat Ranjan Physiotherapist, Dept. of Neurology AIIMS, New Delhi</p>
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Video Conferencing Meeting Link: <https://bharatvc.nic.in/join/4126258065>
Meeting Password: 438505

Organized By :-
Department of Physiotherapy
राष्ट्रीय गतिशील दिव्यांगजन संस्थान
National Institute for Locomotor Disabilities (Divyangjan)
(दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय एवं अधिकारिता मंत्रालय, भारत सरकार)
Department of Empowerment of PwDs (Divyangjan), Ministry of Social Justice and Empowerment, Govt. of India
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Total 72 participants had joined the webinar. Staff, rehab professionals and students of different departments of the institute had participated in this Webinar.

Program Details: The program was started with a virtual lamp lighting ceremony. Welcome address was given by Mr. Pravin Kumar, HOD (PT), NILD, Kolkata. Dr. Ameer Equebal, Assistant Director (Training), NILD, Kolkata, addressed the speaker and provided insights on the pathophysiology and medical management of Multiple Sclerosis in his session.



MULTIPLE SCLEROSIS

It is an autoimmune disease of the central nervous system (CNS) characterized by **chronic inflammation, demyelination, gliosis (plaques or scarring), neuronal loss**

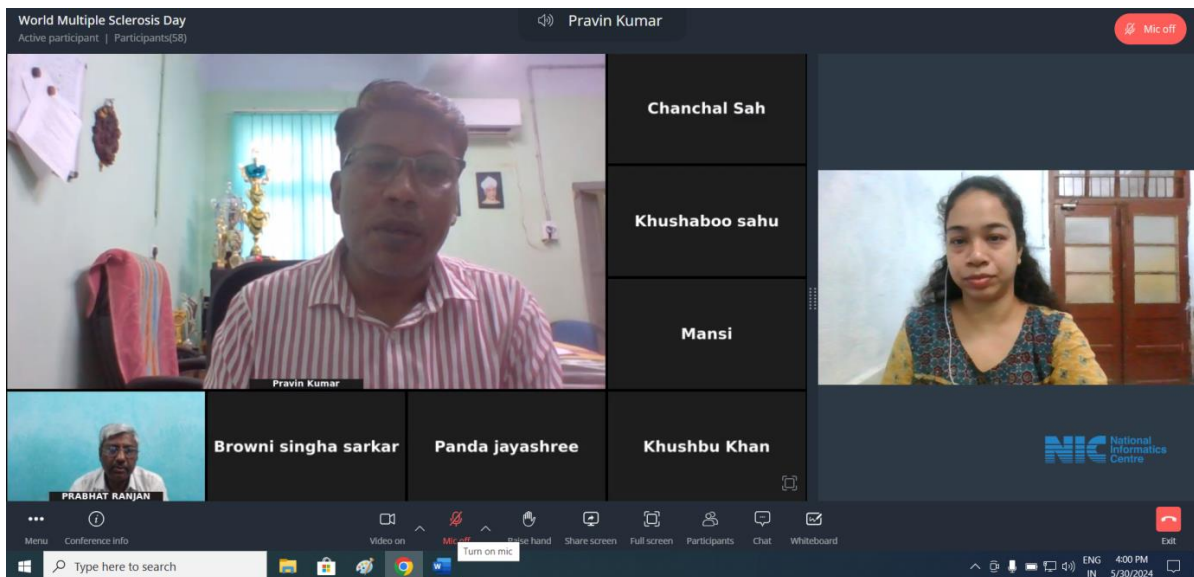
The course can be relapsing or progressive.

MS plaques typically develop at different times and in different CNS locations (I.e., MS is said to be disseminated in time and space).

Prevalence in India- 8.35/100,000 (2017- Journal of neuroimmunology)

The clinical course is extremely variable, ranging from a relatively benign condition to a rapidly evolving and incapacitating disease requiring profound lifestyle adjustments

The next session was delivered by Dr. Prabhath Ranjan who elaborated on the physiotherapeutic management of the Multiple Sclerosis. Both sessions were followed by respective Question Answer session.



Ms. Patralika Nath, Lecturer, NILD, Kolkata, moderated the program and gave the vote of thanks. Technical support was provided by IT Section, NILD, Kolkata. The webinar concluded with the National Anthem.